

**Change Notification for the UK Blood Transfusion Services**

**Date of Issue:** 29 January 2024

**Implementation:** to be determined by each Service

No. 37 – 2023

**Gout**

This notification includes the following changes:

	BM-DSG Bone Marrow & Peripheral Blood Stem Cell	CB-DSG Cord Blood	GDRI Geographical Disease Risk Index	TD-DSG Tissue - Deceased Donors	TL-DSG Tissue - Live Donors	WB-DSG Whole Blood & Components	Red Book Guidelines for the BTS in the UK
1 Gout	●	○	○	○	○	○	○



**Dr Akila Chandrasekar**  
Chair of Standing Advisory Committee on Tissues & Cellular Therapy Products (SACTCTP)



**Dr Stephen Thomas**  
Professional Director of JPAC

Changes are indicated using the key below. This formatting will not appear in the final entry.

original text	«inserted text»	<del>deleted text</del>
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1 Changes apply to the **Bone Marrow & Peripheral Blood Stem Cell DSG**

**Gout**

**(revised entry)**

<i>«Obligatory</i>	<b>Must not donate.»</b>
<i>Discretionary</i>	<p>«Accept if:</p> <p>a) For BM donation</p> <p>b) For PBSC: Discuss with DCSO. See ‘Additional Information’»</p> <p><del>Even if on treatment, accept.</del></p>
<i>«Additional Information</i>	<p>Gout is an acute arthritis caused by build-up of uric acid crystals in the joint space. There have been reports of severe exacerbation of gout following administration of G-CSF.</p> <p>In the interests of donor protection, caution should be exercised before considering donors with gout for PBSC donation. In these circumstances, donors should be counselled about the possibility of exacerbation of their condition and consent to this before proceeding to receive G-CSF.</p> <p>Affected individuals should be excluded from PBSC donation unless permitted by DCSO based on individual risk assessment.</p>
<i>Reason for Change</i>	Exclude affected individuals from donation of PBSC unless permitted by DCSO.»