







Tel: 0114 358 4903

Fax: 0114 358 4494

Email: caroline.smith@nhsbt.nhs.uk

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Change Notification UK National Blood Services No. 18 - 2017

This change applies to the Whole Blood and Components Donor Selection Guidelines

Thyroid Disease

Please modify "Obligatory and Discretionary" as follows:

Obligatory Must not donate if:

- a) Under investigation.
- b) Malignant.
- c) Less than six months from treatment with radioactive iodine therapy.
- d) Less than 24 months from stopping treatment with antithyroid tablets.
- e) Less than 8 weeks since commencing thyroid replacement therapy (thyroxine).

Discretionary If on stable maintenance treatment with thyroxine, (three months

on the same dose), thyroid replacement therapy (thyroxine) and there have been no dose changes in the last 4 weeks, accept.

Reason for Change The acceptance criteria for donors on long term thyroxine has

been reviewed.

Dr Sheila MacLennan

Professional Director - Joint UKBTS Professional Advisory Committee

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